| **Obs** | **Year** | **CaloriesPerServing** | **Lower** | **Upper** |
| --- | --- | --- | --- | --- |
| **1** | 1936 | 268.1 | 210.439 | 325.761 |
| **2** | 1946 | 271.1 | 213.717 | 328.483 |
| **3** | 1951 | 280.9 | 227.213 | 334.587 |
| **4** | 1963 | 294.7 | 240.320 | 349.080 |
| **5** | 1975 | 285.6 | 230.943 | 340.257 |
| **6** | 1997 | 288.6 | 232.233 | 344.967 |
| **7** | 2006 | 384.4 | 306.641 | 462.159 |

| **CompValues** | |
| --- | --- |
| 210.43942 | 325.76058 |
| 306.64138 | 462.15862 |

| **ReferenceValues** | |
| --- | --- |
| 210.4 | 325.8 |
| 359.1 | 514.7 |

|  |
| --- |
| 1 |



Comments:

From this plot, it appears that the average calories per serving showed an 35.2% overall increase during the 70 year period. According to Wansink, this increase is mainly due to the use of higher-calorie ingredients and in part to a small increase in serving sizes between 1936 and 1997. However, there is a 33.2% increase shown between 1997 to 2006. Therefore, the recommended comparison should be between the data provided for 1936 and 2006 only.